



# St Anne's Church, Chingford

Web site: [www.stanneE4.org.uk](http://www.stanneE4.org.uk)

## 6th April 2025 – 5th Sunday of Lent

### Parish Eucharist - 10.00

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**Welcomers:** Jenny Miller, David Sendall

**Servers:** Terisa Nabukolu, Trisha Nakanwagi, Merissa Narusoke

**Chalice:** Eira Endersbee, Heather Gwynn

**Lessons:** Phil Hallsworth

**Prayers:** Heather Gwynn

**Leader:** Julie Adesina

**Preacher:** Julie Adesina

**Celebrant:** Jude Bullock

**Music:** Bill Gloyn

**Hymns:**

556 O Jesus I have  
promised

643 Rock of ages

811 What a friend we have in Jesus

777 To God be the glory

820 When I survey



The more clearly we can focus our attention on the wonders and realities of the universe about us, the less taste we shall have for its destruction.

Rachel Carson



***This week***

Today	11.45	Parish AGM
Wednesday 9th Apr	20.00	MMU Lent Course (by Zoom)
Thursday 10th Apr	19.30	Friends hour
Friday 11th Apr	10.00	Eucharist
Sunday 13th Apr	<b>09.45</b>	Palm Sunday Eucharist
	17.30	Prayer at the Cross



### **Collect**

Most merciful God,  
who by the death and resurrection of your Son  
Jesus Christ  
delivered and saved the world:  
grant that by faith in him who suffered on the cross  
we may triumph in the power of his victory;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### **Post Communion**

Lord Jesus Christ,  
you have taught us  
that what we do for the least of our brothers  
and sisters  
we do also for you:  
give us the will to be the servant of others  
as you were the servant of all,  
and gave up your life and died for us,  
but are alive and reign, now and for ever.

### **Old Testament Reading**

### ***Psalms 126***

1When the Lord restored the fortunes of Zion,  
then were we like those who dream.

2Then was our mouth filled with laughter  
and our tongue with songs of joy.

3Then said they among the nations,  
The Lord has done great things for them.'

4The Lord has indeed done great things for us,  
and therefore we rejoiced.

5Restore again our fortunes, O Lord,  
as the river beds of the desert.

6Those who sow in tears  
shall reap with songs of joy.

7Those who go out weeping, bearing the seed,  
will come back with shouts of joy,  
bearing their sheaves with them.

This is the word of the Lord.

All Thanks be to God.

### **New Testament Reading**

### ***Philippians 3.4b-14***

<sup>4</sup>If anyone else has reason to be confident in the flesh, I have more: <sup>5</sup>circumcised on the eighth day, a member of the people of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a Pharisee; <sup>6</sup>as to zeal, a persecutor of the church; as to righteousness under the law, blameless.

<sup>7</sup>Yet whatever gains I had, these I have come to regard as loss because of Christ. <sup>8</sup>More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, <sup>9</sup>not having a righteousness of my own that comes from the law, but one

that comes through faith in Christ, the righteousness from God based on faith. <sup>10</sup>I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, <sup>11</sup>if somehow I may attain the resurrection from the dead.

<sup>12</sup>Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. <sup>13</sup>Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, <sup>14</sup>I press on towards the goal for the prize of the heavenly call of God in Christ Jesus.

This is the word of the Lord.

All Thanks be to God.

## **Gospel**

**John 12.1-8**

*When the Gospel is announced the reader says*

Hear the gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

<sup>1</sup>Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. <sup>2</sup>There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. <sup>3</sup>Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. <sup>4</sup>But Judas Iscariot, one of his disciples (the one who was about to betray him), said, <sup>5</sup>'Why was this perfume not sold for three hundred denarii and the money given to the poor?' <sup>6</sup>(He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) <sup>7</sup>Jesus said, 'Leave her alone. She bought it so that she might keep it for the day of my burial. <sup>8</sup>You always have the poor with you, but you do not always have me.'

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

**The composers of this week's music are English - by birth or naturalisation.**

Music before the service - "Earl of Salisbury's Pavan" - William Byrd; "Elergy" from film music for Richard III - William Walton; "Pieds-en-l'air" from Capriol Suite - Peter Warlock; "Slumber Song" - William Lloyd-Webber, father of Andrew and Julian, organist for many years at Westminster Central Hall  
Procession after the Gospel - Prelude on "St Theodulph" tune for "All glory, laud and honour" - John Marsh

Peace - "Nimrod" from Enigma Variations – Elgar.

Communion - "He shall feed his flock" - from Messiah – Handel

Closing voluntary - "Trumpet Tune" - Purcell

N

We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church and a card reader if you prefer to donate in that way. If you would like to join the **Parish Giving** scheme



please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.

E

**Games Evening on Sunday, 27th April from 6pm to 10pm.** Traditional board games, with a difference! There's no charge for the evening, but please bring something for the Bring & Share supper table and anything you wish to drink. Family and friends very welcome- there's a sign-up list at the back of church.

W

**Today is referred to as Passion Sunday** and marks a shift in focus towards the death of Jesus. Hence the sombre tone with which today's Gospel ends. As a spiritual exercise, perhaps spend time reading the account of Jesus' last days from John 18 + 19. And pray/meditate/contemplate as though you were there as a bystander watching these events unfold. **Palm Sunday:** we walk alongside Jesus as He enters Jerusalem. As a contemplation read John 12: 12-19 and pray your way through the story. The Triduum begins on **Maundy Thursday** where through to **Good Friday** we accompany Jesus on his last day which will end with the crucifixion – the Hebrew day runs from sundown to sundown. **Maundy Thursday** is the celebration of the last supper. After the service the church is stripped of ornamentation and the reserved Eucharist is removed, to symbolise Jesus leaving for the garden of Gethsemane where after hours of prayerful agony he is arrested and brought to trial, beaten, brought before Pilate, humiliated and condemned to death. **Good Friday** is the remembrance of the greatest act of love ever shown . The Cross, on which our Saviour dies. More on **Easter Sunday**—next week

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### FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

#### **Anniversaries for April.**

1st Gregory Canning, 6th Mabel Garrett, 7th Peggy Eley, 13th Freddie Banks, Michael Taylor, 20th Gwen Coombs, 24th Barbara Shepard, 28th Alice Rolfe.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen*